



# Zero to Five

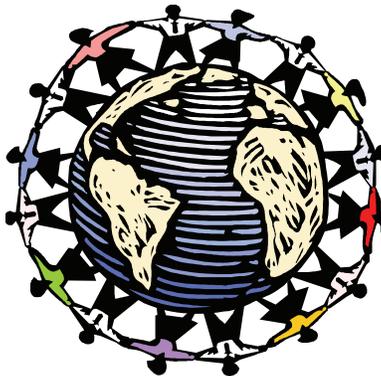
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## Surry County Early Childhood Partnership

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### Smart Start

© Smart Start is a comprehensive public-private initiative to help all North Carolina children enter school healthy and ready to succeed. Smart Start programs and services provide children ages 0-5 access to high-quality and affordable child care, health care, and other critical services.

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## SCECP News



The annual Smart Start Conference will be held May 2-5, 2016 at the Koury Convention Center in Greensboro, North Carolina. This is the nation's largest conference devoted to early education systems and strategies and provides professional development for early education leaders.



## Learning Activity

Use colored beads, pipe cleaners, numerals and play dough to set up an exciting counting and sorting math activity for kids. This is also great for fine motor development and the finished creations can be made into permanent resources for future math games.



Set out a bowl of bright wooden beads, thick pipe cleaners in corresponding colors, wooden numerals and play dough as an invitation to sort, thread and count. Sticking the end of the pipe cleaner into the play dough is a good way to help secure it, ready for threading. The pipe cleaners are also very helpful for little fingers as they retain their shape and are easy to push beads on to, compared to using string or thread.



Resource: <http://theimaginationtree.com/2013/03/counting-with-beads-and-pipe-cleaners.html>

## Child Abuse Prevention

**Each day more than five children die as a result of abuse or neglect. On average, a child abuse report is made every 10 seconds for a total of approximately 3.3 million child abuse reports annually. Childhelp has developed the following child abuse prevention guidelines to help keep your child, or a child you care for, from becoming a statistic.**

### Child Abuse Prevention Guidelines



Never discipline your child when your anger is out of control.

- Participate in your child's activities and get to know your child's friends.
- Never leave your child unattended, especially in the car.
- Teach your child to use their voice to allow them to prevent abuse in their own life.
- Ask questions; for example, when your child tells you he or she doesn't want to be with someone, this could be a red flag.
- Listen to them and believe what they say.
- Be aware of changes in your child's behavior or attitude and inquire into it.
- Teach your child what to do if you and your child become separated while away from home.
- Teach your child the correct names of his/her private body parts.
- Be alert for any talk that reveals premature sexual understanding.
- Pay attention when someone shows greater than normal interest in your child.
- Make certain your child's school or day care center will release him/her only to you or someone you officially designate.

To learn more about child abuse prevention, call the Childhelp National Child Abuse Hotline at 1-800-4-A-CHILD® (1-800-422-4453). The 24/7 hotline is staffed with professional counselors who offer information about child abuse prevention as well as crisis intervention, literature and referrals to thousands of emergency, social service and support resources.

Resource: [childhelp.org](http://childhelp.org)

## Child Care Resource and Referral ★★★★★

### Parent's Emergency Preparedness App

In addition to the mobile app store, parent's are now able to access the mobile app for Emergency Preparedness in North Carolina. The governor recently announced **ReadyNC**, which is free for both Apple and Android mobile devices. The mobile app will notify users of weather, traffic and general hazard information.

This includes:

- real-time traffic and weather information
- critical information on how to be safe during different hazardous events
- real-time information about opened shelters for evacuees (including addresses, capacity, directions and if the shelter is pet-friendly)
- real-time updates on flood levels of major nearby creeks and rivers
- phone numbers and links to all North Carolina power companies to report outages
- basic instructions on how to develop emergency plans and what to put in your emergency supplies kit
- real-time information on which counties have issued evacuation orders
- contact numbers and links to websites for those who need help recovering from a disaster
- direct links to the ReadyNC.org and NCDPS.gov websites and social media accounts

**Resource: Southwestern Child Development Commission**

## Parenting

### **If I Had My Child to Raise Over Again**

If I had my child to raise all over again,  
I'd do less correcting, and more connecting.  
I'd take my eyes off my watch, and watch with my eyes.  
I would care to know less and know to care more.  
I'd take more hikes and fly more kites.  
I'd stop playing serious, and seriously play.  
I'd run through more fields and gaze at more stars.  
I'd do more hugging, and less tugging.  
I would be firm less often, and affirm much more.  
I'd build self-esteem first, and the house later.  
I'd teach less about the love of power, and more about the power of love.



—Diane Loomans

## Family Friendly Websites 🦋

[www.smartstart-nc.org](http://www.smartstart-nc.org) (Smart Start)

[www.earlychildhood.com](http://www.earlychildhood.com) ( Early Childhood—Lifelong Learning Starts Here)

[www.calib.com](http://www.calib.com) (National Clearinghouse on Child Abuse & Neglect)

[www.naminc.org](http://www.naminc.org) (NAMI of North Carolina —Serious Emotional Disorders)

[www.family.com](http://www.family.com) ( Family Planet)

[www.ncchildcare.net](http://www.ncchildcare.net) (Division of Child Development)

[www.primeet.com/~bdi/](http://www.primeet.com/~bdi/) (Information of behavior and development)



**Surry County Early  
Childhood Partnership**

101 West Lebanon, Suite 106  
P.O. Box 7050  
Mount Airy, NC 27030

Phone: (336)786-1880  
Fax: (336)786-1879  
Email:  
[smartstartofsurry@embarqmail.com](mailto:smartstartofsurry@embarqmail.com)  
[www.surrychildren.org](http://www.surrychildren.org)



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The Zero to Five is a quarterly newsletter published by the Surry County Early Childhood Partnership. The purpose of the newsletter is to inform the people of Surry County and North Carolina about the projects and activities funded by Smart Start. We welcome your opinions and/or suggestions for future issues.

Surry County Early Childhood Partnership  
P.O. Box 7050  
Mount Airy, NC 27030  
(336)786-1880



**Building Brighter Futures**

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